

# Program Catalogue

# Fall 2026



Conway  
Workshop  
Association



# Message from the Executive Director

This catalogue represents an exciting milestone for our organization. For the first time, we are offering programs organized by season, creating new opportunities for participants to learn, connect, and grow throughout the year. Even more importantly, these programs were shaped by the people who matter most—our participants.

Over the past months, we listened carefully to your ideas, interests, and goals. You told us what skills you wanted to build, what experiences you wanted to explore, and what would help you feel more confident and connected. Your feedback became the foundation of the programs you'll find in these pages.

Our mission is to empower people of all abilities to live full, meaningful, and self-directed lives. The fall programs are designed to teach relevant job and life skills while fostering independence, confidence, and community inclusion. Whether you're developing workplace skills, exploring a new hobby, strengthening daily living skills, or making new friendships, we hope you'll find opportunities that inspire you and support your personal goals.

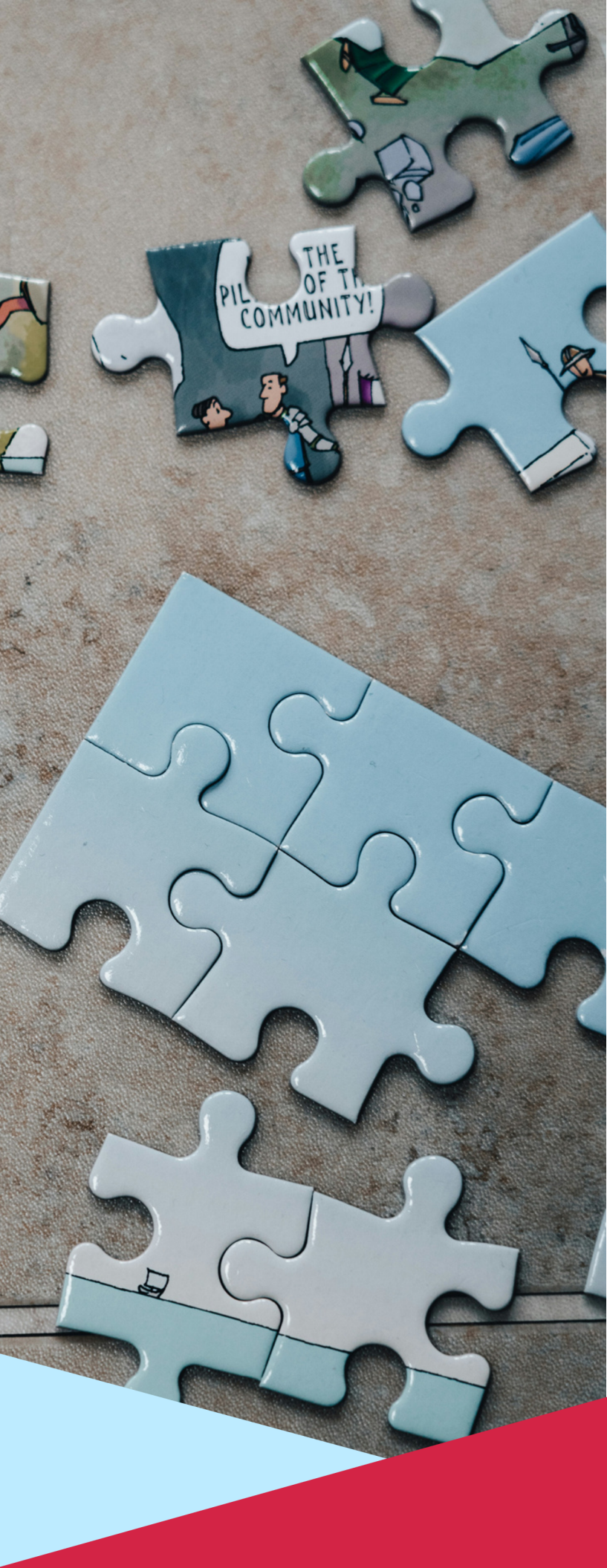
This is just the beginning. As we continue to grow, we remain committed to listening, learning, and evolving our programs alongside our participants. Your voices will continue to shape what comes next.

Thank you to our participants, families, staff, volunteers, and community partners for making this new chapter possible. We are excited to learn, grow, and celebrate with you throughout the season.

With gratitude,

Brandon Rabideau  
Executive Director, CWA





# Key Dates

## Fall 2026

**August 31 - September 7**

Fall set-up and Labour Day\*

**September 8**

Fall Programs Begin

**September 30**

Truth and Reconciliation Day\*

**October 12**

Thanksgiving Day\*

**October 17**

Harvest Dinner

**November 7-8**

Christmas Market

**November 11**

Remembrance Day\*

**December 18**

Fall Programs End

**December 19 - January 3**

Holiday Shutdown\*

*\*Centre is Closed*

# Employ Ability

## Job Coach

207A Highway 303



Employ Ability is our supported employment program, designed to help you identify your strengths, overcome barriers, and build the skills and confidence needed to succeed in the workplace through individualized support.

Our full-time Job Coach provides personalized assistance with resume development, interview preparation, job search, understanding workplace expectations, communication skills, and ongoing employment support. He also works closely with employers to foster successful job placements and create positive workplace experiences.

Whether your goal is to find meaningful employment, pursue further education, or develop greater independence, Employ Ability is here to support your journey. Together, we can help you build skills, participate fully in your community, and achieve your employment and educational goals.



### JOB COACH SERVICES



**RESUME DEVELOPMENT**



**JOB SEARCH**



**INTERVIEW PREP**



**COACHING**



# Employ Ability



## Entrepreneurship

63 Shreve Street



Real employment doesn't just mean working for someone else. We have a huge workspace with tools, supplies, and expertise to help set up any budding entrepreneurs to go into business for themselves. Our shop space is now a supported entrepreneurship hub, with everything you need to start a business.

From space to work to digital skills training, we have what you need to help set you up for success.



## Get in touch with our Job Coach today!

**Pierce Evangelista Grey**

[jobcoach@conwayworkshop.com](mailto:jobcoach@conwayworkshop.com)

(902) 245-5391



# Conway Connect

## Giving Community Space to Grow

63 Shreve Street



Conway Connect is a welcoming community program built around friendship, belonging, and shared experiences. Whether you're looking to meet new people, explore a new hobby, volunteer, or simply spend time in good company, you'll find a place here.

At the heart of Conway Connect is our weekday drop-in, open Monday to Friday. It's a relaxed, welcoming space where participants can enjoy games, puzzles, art supplies, snacks, beverages, and conversation. Come socialize and unwind in a place where everyone is welcomed as they are.

Our goal is simple: to create a community where friendships can grow naturally and everyone feels they belong. By bringing together people with diverse backgrounds and abilities, Conway Connect helps build understanding, reduce isolation, and create meaningful relationships that extend beyond our doors.



### ACTIVITIES



**ARTS & CRAFTS**



**MOVIES & MUSIC**



**GAMES & PUZZLES**



**SPORTS & OUTINGS**



# Life Skills

## Building Confidence for Life

63 Shreve Street



Life Skills is a supportive day program designed to help people build the practical skills, confidence, and independence they need to navigate everyday life.

Whether you are learning these skills for the first time, rebuilding skills after years of having decisions made for you, or looking for a supportive environment to work toward personal goals, we meet you where you are.

Independence looks different for everyone! Life Skills is about creating opportunities to practice, build confidence, and discover what is possible—at your own pace. Our team provides a welcoming, structured environment where participants can learn without judgment, try new things, make mistakes, and celebrate progress.

Participants can gain greater confidence in their everyday lives while families and support networks can have peace of mind knowing their loved one is spending the day in a safe, engaging environment focused on growth, connection, and independence.



### SKILL BUILDING



**DIET & EXERCISE**



**SELF-CARE**



**HOME COOKING**



**COMMUNICATION**

# Service Society Supported Volunteerism

63 Shreve Street



Service Society is our supported volunteerism program, built on a simple belief: Everyone has gifts to share and something meaningful to contribute and deserves the opportunity to participate fully in their community.

Designed for people with intellectual disabilities and others who face barriers to full community participation, this program creates opportunities to serve, connect, and lead through volunteerism. It is also open to anyone who would like to participate or volunteer alongside us, fostering an inclusive community where everyone belongs.

Too often, people with disabilities are viewed only as recipients of support. The Service Society challenges that narrative by celebrating participants as compassionate neighbours, active citizens, and valued contributors. Through meaningful service, participants build confidence, develop practical skills, strengthen friendships, and experience the pride that comes from making a difference.



## OPPORTUNITIES TO SERVE OTHERS



**CRAFT MARKETS**



**ANIMAL SHELTER**



**COMMUNITY EVENTS**



**FUNDRAISERS**



# Service Society



## Home Services

63 Shreve Street



Conway Workshop has received a grant for 2026-27 to provide home services for seniors living independently. Participants are paid minimum wage to help with light housekeeping, yardwork, errands, or social accompaniment and are supported by staff member.

## The Bin

125 First Avenue



The Digby Bargain Bin helps the environment by diverting waste from landfills and offer deeply affordable housewares, clothes, toys, and electronics for sale. We employ a support worker on-site to ensure that everyone who wants to can participate meaningfully regardless of ability and the revenue from the store is reinvested in programs for Conway participants.



# Sign Up For A Program!

## **Do I need to be a DSP recipient to participate in a program?**

No! If you see a program that would be beneficial to you or that you would like to try out, you are most welcome.

## **How do I enroll myself or a loved one?**

Use the QR Code below to fill out our enrollment form or contact Kayla Wood at [kwood@conwayworkshop.com](mailto:kwood@conwayworkshop.com) or (902) 245-5391 ext. 206

**SIGN UP**



# Support Us!

Conway Workshop Association is a Non-Profit Organization that relies on donations from people like you to help fund our mission.



**DONATE**





### **Our 'Why'**

We exist to empower individuals of all abilities to live full, meaningful, and self-directed lives.

We offer opportunities to learn job and life skills, participate fully and meaningfully in the community, and form genuine friendships.

### **Our Board**

Racheal Walser

Linda Gregory

Will McCormick

Julie MacLean

Amy Theriault

Laurie D'Ambrose

Ben Elms

Jennie O'Brien

Joyce Hazel

Keith Patterson

### **Grant funding provided by**



### **CWA is a proud member of**







# Conway Workshop Association

## Contact Us

PO Box 568, Digby, NS B0V 1A0  
(902) 245-5391 | [admin@conwayworkshop.com](mailto:admin@conwayworkshop.com)

[ConwayWorkshop.com](http://ConwayWorkshop.com)